

Dialysis Technology: Is the Patient Receiving the Treatment as Prescribed?

NANT New York Regional Meeting 1 - 2 December 2012 LaGuardia Airport Marriott

Joe Johnston
Sr. Vice Pres. Biomedical Services
& Technology Integration
Fresenius Medical Care

Question – True or False

The dialysis machine, given it is approved by the FDA to be safe and efficacious, will not allow the user to place the machine in an unsafe state.

Answer - False

a) Safety is "relative", i.e., one prescription doesn't fit all.

Is a 2 kg/hr UF rate safe for all patients???

b)Nearly all medical devices are intended to be used by a trained, competent, supervised individual. This is a key component of the risk analysis and the FDA approval.

The machine is only safe if you use it safely

Question – True or False

When I enter a prescription into the machine, I know that is exactly what the patient will receive.

Answer - False

Errors, random variations, and design details about how the machine functions all affect the delivered prescription

Some Definitions for this Discussion

A deviation is a difference between reality and what is expected, normal, or prescribed.

Random Variation

- Assignable cause is not known, or is not knowable
- Is implicit in the process

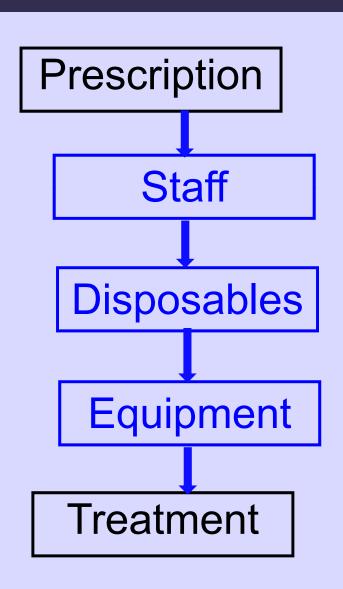
Design Tolerance

- Deviation that is "built-in" or planned at the time of the design
- Should be developed using a risk based method

Error

- Has a known assignable cause, although perhaps not quantified
- Can be prevented or corrected (repaired)

Dialysis Technology: The Process of Delivering a Treatment



Errors in set up, mixing, mix-up, operation, timing variation ...

Mfg. variation, pump segment fatigue, ...

Mis-calibration, breakdowns, alarms, design features

Key Points

Objective – to show how <u>misusing</u> or <u>misunderstanding</u> the technology in a dialysis clinic can affect the prescription delivered.

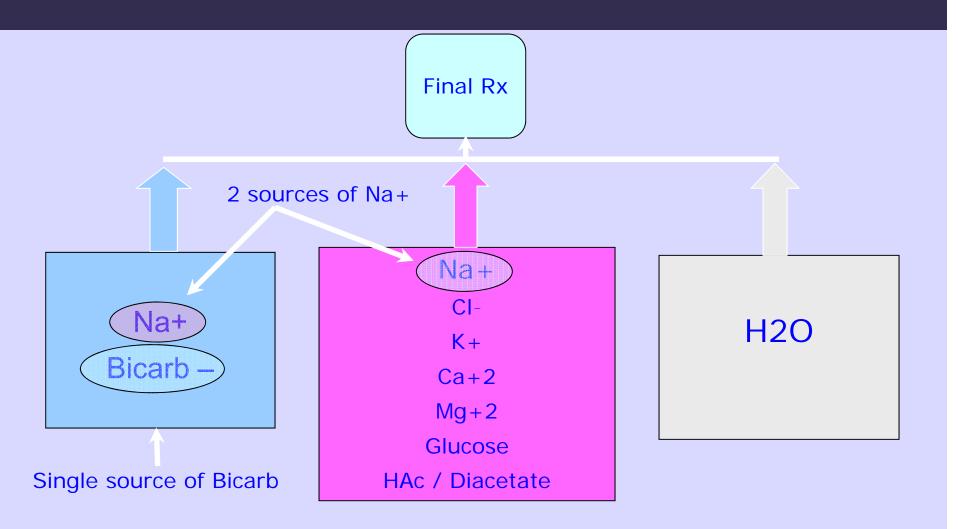
Examples:

- 3 Stream proportioning
- Blood lines
- Alarms and staff responsibilities
- Impact of conductivity different than target
- Significance of pressure alarm limits and pressure tests
- Impact of using sodium variation

3 - 2 - 1

Three Stream Proportioning Systems How They Really Work

Proportioning



- 3 stream proportioning (45X)
 - Acid concentrate + Bicarb + Water

Type Symbol Acid: Bicarb: Water Reaction Na+ / Bicarb

Cobe 1.00: 1.72: 42.28 [137] / [33]

Default proportioning

If this is used, you will get the acid label concentrations in dialysate

3 stream proportioning

Setting

Na⁺ (137) mEq/L

K⁺ 2 mEq/L

Ca⁺² 2.5 mEq/L

 Mg^{+2} 1.0 mEq/L

Ac⁻ 4.0 mEq/L

Bic 33 mEq/L

Actual

Na⁺ 137 mEq/L

 K^{+} 2 mEq/L

Ca⁺² 2.5 mEq/L

 Mg^{+2} 1.0 mEq/L

 Ac^{-} 4.0 mEq/L

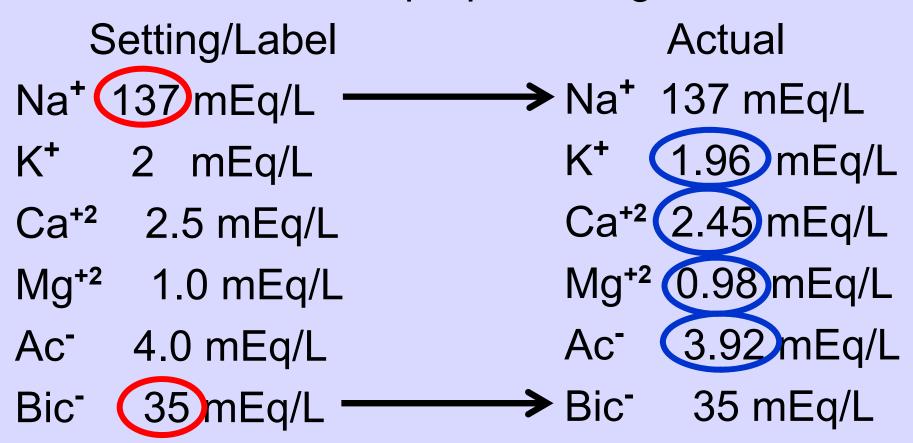
Bic 33 mEq/L

3 stream proportioning Setting/Label Actual Na $^+$ 140 mEq/L \longrightarrow Na $^+$ 140 mEq/L K $^+$ 2 mEq/L \longrightarrow K $^+$ 2.06 mEq/L Ca $^{+2}$ 2.5 mEq/L \longrightarrow Ca $^{+2}$ 2.57 mEq/L Mg $^{+2}$ 1.0 mEq/L \longrightarrow Mg $^{+2}$ 1.03 mEq/L Ac $^-$ 4.0 mEq/L \longrightarrow Ac $^-$ 4.12 mEq/L

(33)mEq/L

→ Bic⁻ 33 mEq/L

3 stream proportioning



Blood Flow Rate

The display on the machine for the blood flow rate is the exact blood flow rate of the dialysis treatment, right?

Well,

Blood flow

EDTNA ERCA J. 1996 Jan-Mar;22(1):3-6.

Blood flow displayed by dialysis machines: is it accurate?

Stragier A, Wenderickx D, Jadoul M.

Cliniques Universitaires St-Luc Service de Néphrologie, Brussels, Belgium.

Abstract

Blood flow is a major determinant of dialysis efficiency. We reported in 1980, at the EDTNA conference in Prague (1), that the actual blood flow may be much lower than displayed by the dialysis machines. We demonstrated that the Negative Inflow Pressure (NIP), induced by the arterial needle and therefore generally referred to as arterial pressure, partly collapses the proximal blood pump segment whose inner volume is decreased. Thus the actually pumped volume per revolution is lower than the displayed blood flow.

PMID: 10723300 [PubMed - indexed for MEDLINE]

Blood flow



Company

Vision Manufacturing Quality R&D our company



Blood flow

7. Tubes:

- The optimum mix between wall thickness and sure hardness makes our tubes:
- · Withstand pressure and manipulations
- Antikink.
- Accurate and consistent flow rates over time. Excellent performance under conditions of high flow rates and pressure in the dialysis circuit.
- Highly biocompatible as been tested in the world most recognizable laboratories.
- Available in clear and frosted versions.

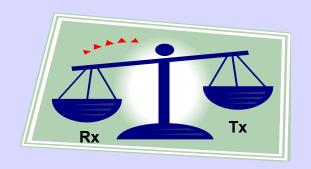
8. Pump segment:

- Resist fatigue which insure that the patient received the prescribed Kt/V without increasing negative pressures.
- Pump segment material insure maximum refilling after roller pump strokes even in case of high negative arterial pressure.





ALARMS !!!!!!



- Today's Culture Tight Schedules, Busy Staff
 - What is the clinic "culture" on machine alarms?
- a) We determine the cause and address problem at the moment.
- b) Don't worry so much, the machine will stop or not reset on a really important alarm.
- c) Quite Please !!!

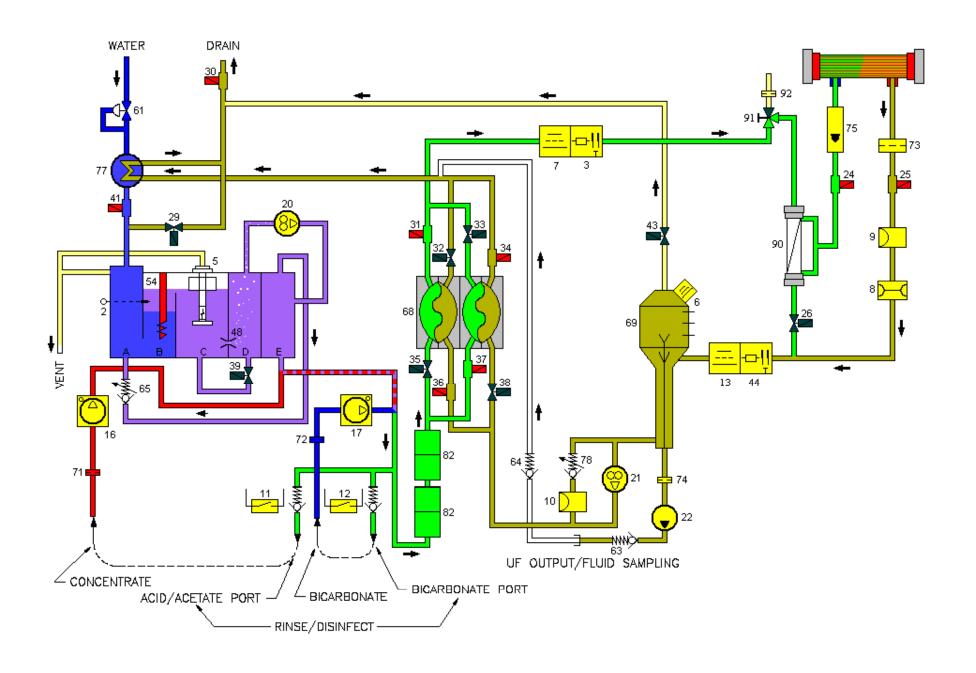
How Should Things Be?

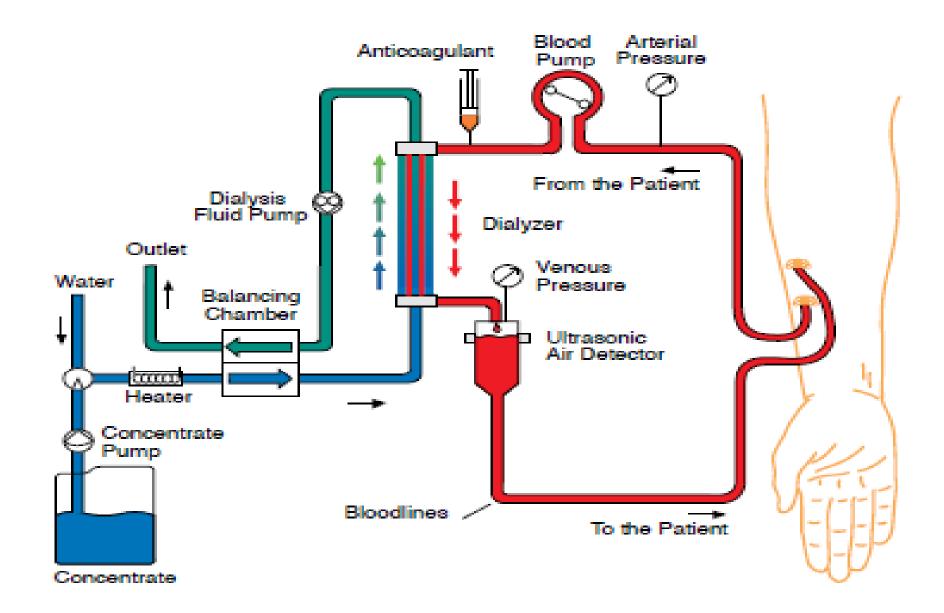
Arterial Pressure	Venous Pressure	Level Detector	Blood Leak	Blood Pump
TMP	Conductivity	Dialysate Flow	Temperature	Water Flow

- What do these alarms indicate?
- How should the staff react to each alarm?
- What does pushing "reset" really do?
- In a typical treatment, how often do these occur?
- Which alarms are preventable, and how should the clinic staff go about preventing them?

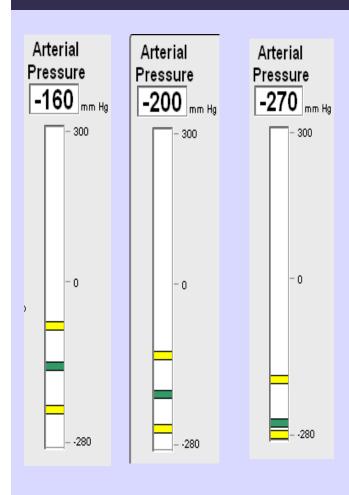
Patient and facility variation

Facility	# patients	# tx	% Tx with hypotension	Alarms /Tx	Alarm min/Tx	Alarm min/alarm
Facility 1	140	5097	17.7%	4.07	3.8	0.92
Facility 2	67	3005	23.0%	2.91	2.9	0.98
Facility 3	107	2852	21.6%	2.45	2.2	0.91
Facility 4	100	2296	15.3%	2.53	2.3	0.89
Facility 5	116	1855	17.1%	4.31	4.7	1.09
Facility 6	57	803	30.8%	5.83	5.5	0.94
Facility 7	83	1600	18.9%	2.68	2.5	0.95
Facility 8	67	1684	17.6%	2.62	2.4	0.91
Facility 9	193	5403	12.5%	3.57	3.2	0.91
Total/avg	930	24595	17.9%	3.37	3.2	0.94





Machine Alarms "MUTE PLEASE"



DID YOU KNOW?

- –Pressures can migrate with each reset
- You may be marching toward limit extremes

What's the effect on the Tx?

Patient Centered Care

Question

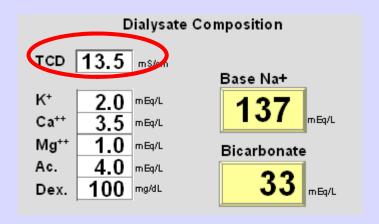
Fresenius machines allow the user to shift the conductivity limits from the default position. Shifting the limits can result in deviations from prescribed Na⁺ of as much as:

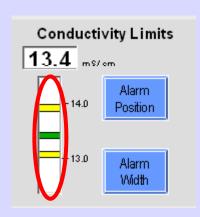
- a) $\sim 2 \text{ mEq/L}$
- b) $\sim 4 \text{ mEq/L}$
- c) $\sim 8 \text{ mEq/L}$
- d) $\sim 10 \text{ mEq/L}$

Machine settings: 137 mEq/L Na⁺/ 35 mEq/L Bicarbonate – TCD = 13.56 mS

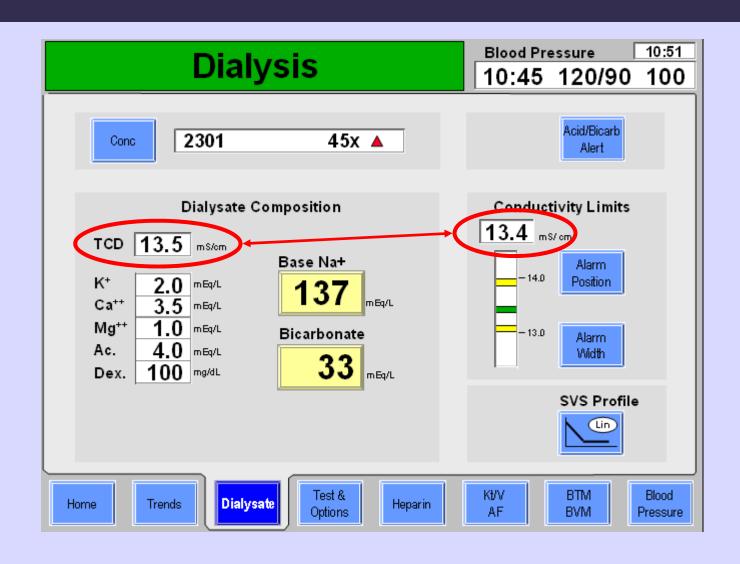
Machine Alarms Conductivity

- Conductivity
 - Limits are +/- 0.5mS/cm around theoretical or target conductivity (TCD)
 - TCD is the target conductivity for the prescribed concentrate, Base Na+ and Bicarbonate value



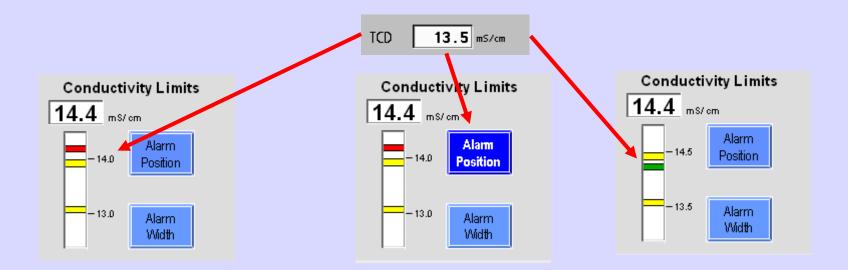


Dialysate Screen - TCD



Conductivity Limits

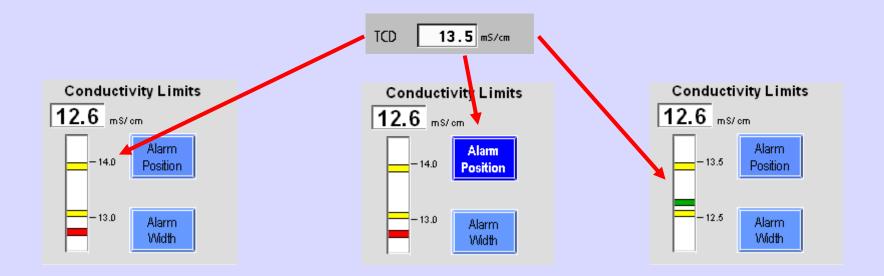
- Limits can be adjusted either up or down an additional 0.5mS/cm
 - Maximum alarm setting is + 1.0mS/cm of TCD with the lower limit at TCD



Patient Centered Care

Conductivity Limits

- Minimum alarm setting is 1.0mS/cm of TCD with the upper limit at TCD
- 0.9mS/cm variation from TCD



Answer

Shifting conductivity limits from the default position can produce variations in NaCl from prescription of:

- a) $\sim 2 \text{ mEq/L}$
- b) $\sim 4 \text{ mEq/L}$
- c) $\sim 8 \text{ mEq/L}$
- d) ~ 10 mEq/L

It's about 1 mEq/L Na⁺ for each 0.1 mS

Machine settings: 137 mEq/L Na / 35 mEq/L Bicarbonate - TCD = 13.56 mS

Question 3a

Question

True or False

Deviations in the prescribed sodium are only an issue for Fresenius machines. Other manufacturers don't allow shifting of the conductivity alarm limits.

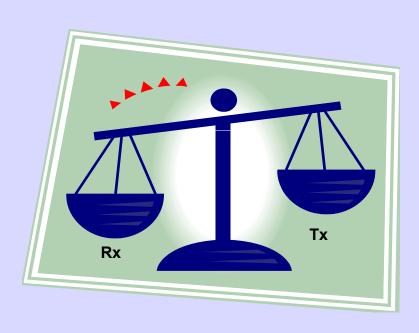
Answer

False

The default alarm limits are wider (+/- 5% vs. 0.5 mS). Variations from Rx can still be significant.

Dialysis Technology: Is the Patient Receiving the Treatment Prescribed?





TMP

- Transmembrane Pressure (TMP)
 - The force that causes ultrafiltration to occur across the dialyzer membrane
 - TMP limits center around actual TMP at the start of TX or when reset is pushed
 - Approx. +/- 40 mmHg (+/- 60 for low flux).

Did you know

When you started the Tx, or pushed reset for a TMP alarm, you are telling the machine "the TMP is exactly where I want it, leave it there"

Question

When using a high flux dialyzer (e.g., Optiflux 180) the TMP alarm activates when UF removal changes by:

- a) ≤0.5 kg/hr
- b) $\sim 1.0 \text{ kg/hr}$
- c) $\sim 1.5 \text{ kg/hr}$
- d) ≥2.0 kg/hr

Ultrafiltration Coefficient (Kuf) is a specification of each dialyzer

	I6NRe	18NRe	20NRe	160NR /	180NR /	200NR /	250NR e
				I60NRe	180 NR e	200NRe	
Therapy	SU	SU	SU	SU	SU	SU	SU
Surface Area (M²)	1.5	1.8	2.0	1.5	1.8	2.0	2.5
Prime Volume (ml)	84	103	114	84/83	105/98	113/112	135
Kuf* (in vitro bovine 32%)	10	12	14	45/50	55/60	56/62	107
Sterilant	E beam	E beam	E beam	EtO/E beam	EtO/E beam	EtO/E beam	E beam
KOA Urea (ml/min/m²)	1010	1045	1214	1064	1239	1317	1662
Lysozyme** (ml/min)				47/70	60/74	78/84	118
Product Code	0500306E	0500308E	0500312E	0500316N/	0500318N/	0500320N/	0500325E
				0500316E	0500318E	0500320E	

Example:

- •18 NRe (low flux, Kuf = 12 mL/hr/mmHg)
- •180 NRe (high flux, Kuf = 60 mL/hr/mmHg)

Same TMP will pull 5 times more water per hour through the high flux dialyzer, compared to the low flux equivalent.

For a TMP alarm setting of - 40 mmHg:

18 NRe alarms at 0.480 L per hour

180 NRe alarms at 2.4 L per hour

Answer

When using a highflux dialyzer such as the Optiflux 180, TMP alarms when UF removal changes by:

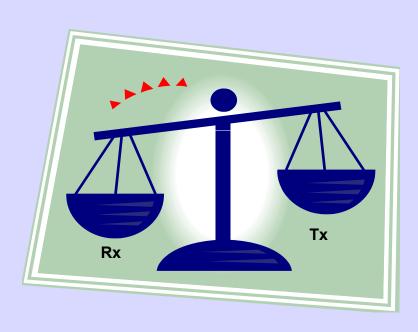
- a) ≤0.5 kg/hr
- b) ~1.0 kg/hr
- c) $\sim 1.5 \text{ kg/hr}$
- d) ≥2.0 kg/hr

- Online Pressure Holding Test
 - Assure this feature is turned ON!!!!
 - Runs every 12 minutes during a treatment
 - Catches hydraulic leaks of 300 ml/hr

Running Online PHT			45 120/90 100		
Arterial Pressure	Venous Pressure	TMP	UF Goa	Dialysate F	1

Dialysis Technology: Is the Patient Receiving the Treatment Prescribed?





NaCl

Question

Improper use of Sodium Variation can result in patient sodium loading of:

- a) 2.8 gm NaCl for every 5 mEq/L over pt. base
- b) 4.5 gm NaCl for every 5 mEq/L over pt. base
- c) 8.7 gm NaCl for every 5 mEq/L over pt. base

Default Setting

	Acid	<u>Bicarb</u>	<u>Dialysate</u>
SODIUM 100	100.00	37.00	137.00
POTASSIUM 2.0	2.00		2.00
CALCIUM 2.5	2.50		2.50
MAGNESIUM 0.75	0.75		0.75
CHLORIDE 105.25	105.25		105.25
SODIUM ACETATE 0.0	0.00		0.00
ACETIC ACID (ACETATE) 4.0	4.00		4.00
BICARB		37.00	33.00
TOTAL BUFFER			37.00
DEXTROSE, gm/L 200	2.00		2.00
THEORETICAL CONDUCTIVITY			13.50
THEORETICAL pH			7.22

Can be changed by the operator/machine

Raise Sodium to 150 mEq/L

	<u>Acid</u>	<u>Bicarb</u>	<u>Dialysate</u>			
SODIUM 100	112.50	37.50	150.00			
POTASSIUM 2.0	2.25		2.25			
CALCIUM 2.5	2.81		2.81			
MAGNESIUM 0.75	0.84		0.84			
CHLORIDE 105.25	118.41		118.41			
SODIUM ACETATE 0.0	0.00		0.00			
ACETIC ACID (ACETATE) 4.0	4.50		4.50			
BICARB		37.50	33.00			
TOTAL BUFFER			37.50			
DEXTROSE, gm/L 200	2.25		2.25			
THEORETICAL CONDUCTIVITY	14.78					
THEORETICAL pH	7.17					
Can be changed by the operator/machine						

Answer

Improper use of Sodium Variation can result in patient sodium loading of:

- a) 2.8 gm NaCl for every 5 mEq/L over pt. base
- b) 4.5 gm NaCl for every 5 mEq/L over pt. base
- c) 8.7 gm NaCl for every 5 mEq/L over pt. base (recommended dietary intake is approx. 2.0 gm/day)

Key Points for Review

Objective – to show how <u>misusing</u> or <u>misunderstanding</u> the technology in a dialysis clinic can affect the prescription delivered.

Specifically:

- Kinds of variation in dialysis
- 3 Stream proportioning
- Blood lines
- Alarms and staff responsibilities
- Impact of conductivity different than target
- Significance of pressure alarm limits and pressure tests
- Impact of using sodium variation

Key Points for Review

- Know your stuff
 - How the devices work
 - What alarms mean
 - What happens when the noise is ignored or just silenced
- It does matter! Tx's are affected!
- Patients come first! The rest will be just fine.

Thank You