

Dialysis Technology: Is the Patient Receiving the Treatment as Prescribed?

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Question 1

Question – True or False

The dialysis machine, given it is cleared by the FDA to be safe and efficacious, will not allow the user to place the machine in an unsafe state.

Question 1

Answer - False

a) Safety is “relative”, i.e., one prescription doesn’t fit all.

Is a 2 kg/hr UF rate safe for all patients???

b) Nearly all medical devices are intended to be used by a trained, competent, supervised individual. This is a key component of the risk analysis and the FDA approval.

The technology is only safe if you use it safely

Question 2

Question – True or False

When I enter a prescription into the machine, I know that is exactly what the patient will receive.

Answer - False

Errors, random variations, and design details about how the machine functions all affect the delivered prescription.

Some Definitions for this Discussion

A deviation is a difference between reality and what is expected, normal, or prescribed.

- Random Variation

- Assignable cause is not known, or is not knowable
- Is implicit in the process

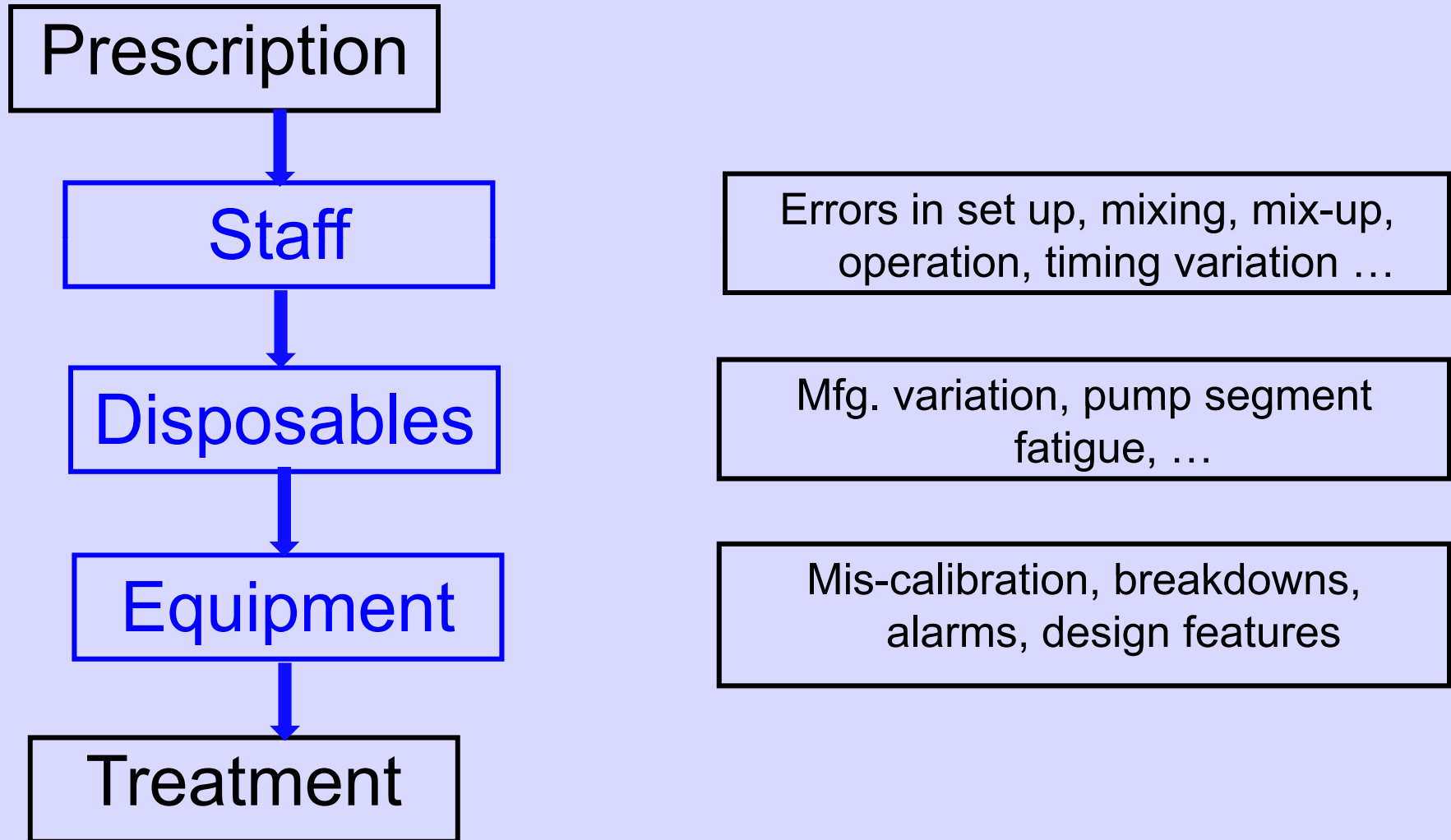
- Design Tolerance

- Deviation that is “built-in” or planned at the time of the design
- Should be developed using a risk based method

- Error

- Has a known assignable cause, although perhaps not quantified
- Can be prevented or corrected (repaired)

Dialysis Technology: The Process of Delivering a Treatment



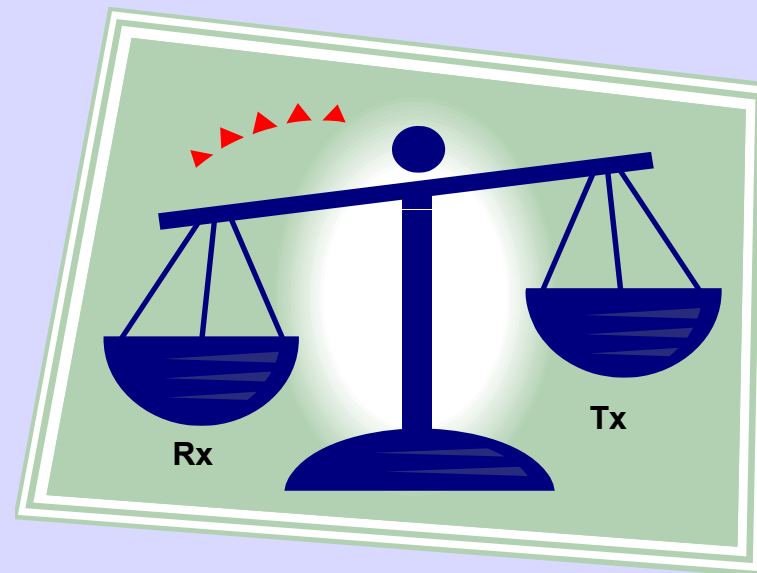
Key Points

Objective – to show how misusing or misunderstanding the technology employed in a dialysis clinic can significantly affect the prescription delivered.

Examples :

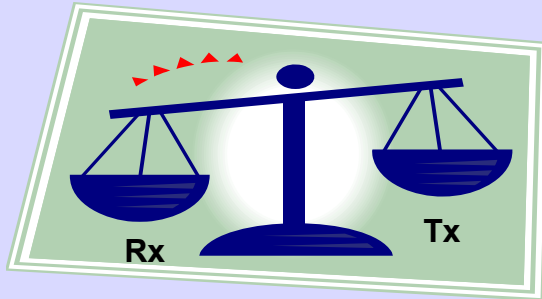
- Alarms and staff responsibilities
- 3 - Stream proportioning
- A little chemistry and bicarbonate mixing
- Conductivity
- Pressure alarms and pressure tests
- Sodium variation
- Blood lines

Dialysis Technology: Is the Patient Receiving the Treatment Prescribed?



Alarms

ALARMS !!!!!



- Today's Culture – Tight Schedules, Busy Staff

– What is the clinic “culture” on machine alarms?

- a) We determine the cause and address problem at the moment.
- b) Don't worry so much, the machine will stop or not reset on a really important alarm.
- c) Quiet Please !!!

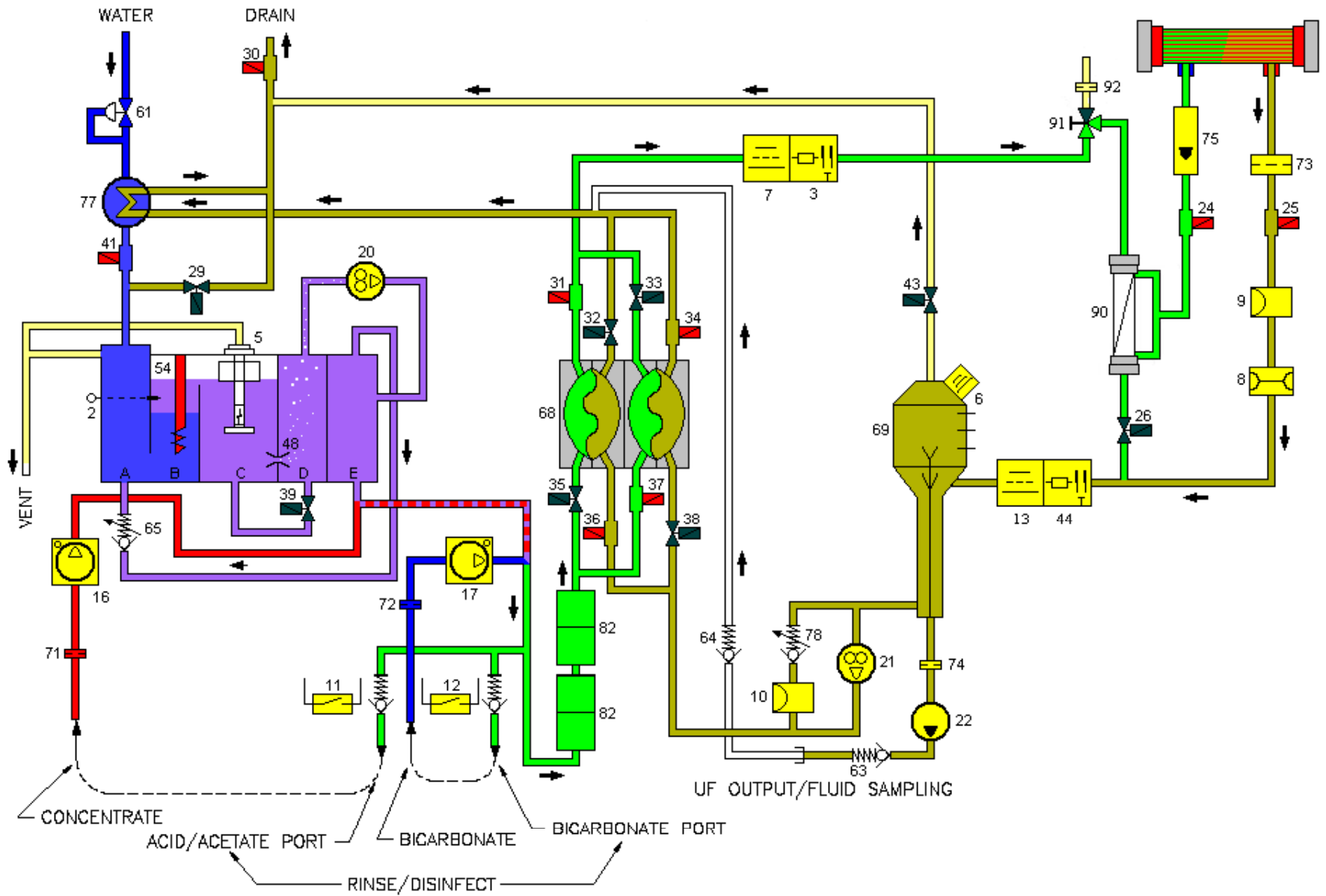
How Should Things Be?

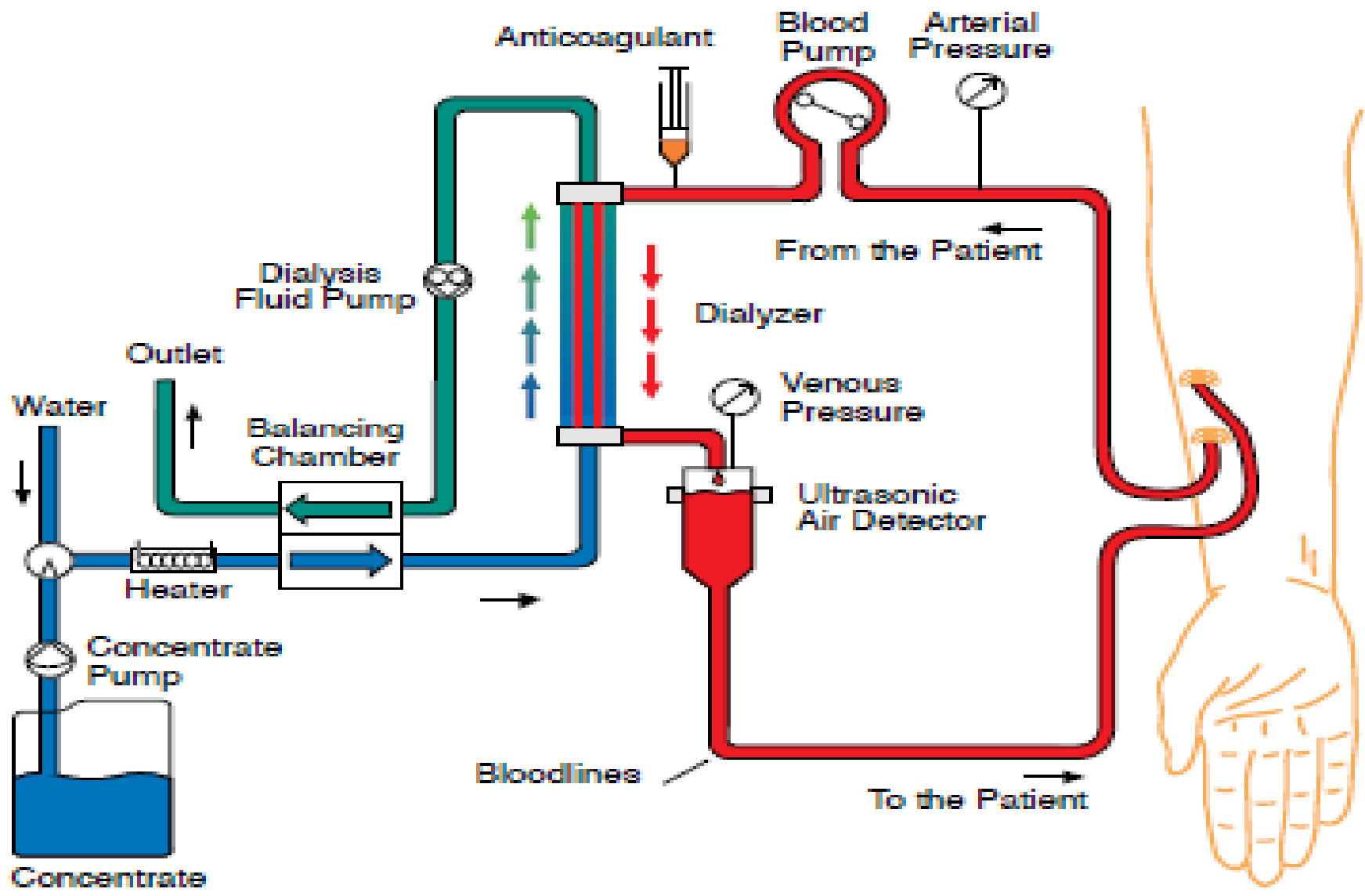
Arterial Pressure	Venous Pressure	Level Detector	Blood Leak	Blood Pump
TMP	Conductivity	Dialysate Flow	Temperature	Water Flow

- What do these alarms indicate?
- How should the staff react to each alarm?
- What does pushing “reset” really do?
- In a typical treatment, how often do these occur?
- Which alarms are preventable by the operator, and how should the clinic staff go about preventing them?

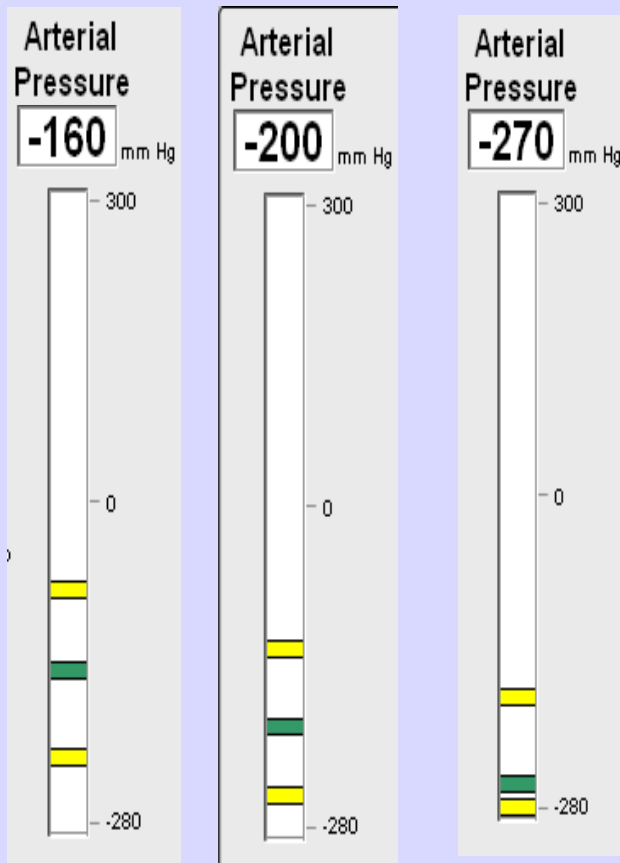
Patient and facility variation

Facility	# patients	# tx	% Tx with hypotension	Alarms /Tx	Alarm min/Tx	Alarm min/alarm
Facility 1	140	5097	17.7%	4.07	3.8	0.92
Facility 2	67	3005	23.0%	2.91	2.9	0.98
Facility 3	107	2852	21.6%	2.45	2.2	0.91
Facility 4	100	2296	15.3%	2.53	2.3	0.89
Facility 5	116	1855	17.1%	4.31	4.7	1.09
Facility 6	57	803	30.8%	5.83	5.5	0.94
Facility 7	83	1600	18.9%	2.68	2.5	0.95
Facility 8	67	1684	17.6%	2.62	2.4	0.91
Facility 9	193	5403	12.5%	3.57	3.2	0.91
Total/avg	930	24595	17.9%	3.37	3.2	0.94





What happens when I push "reset"?

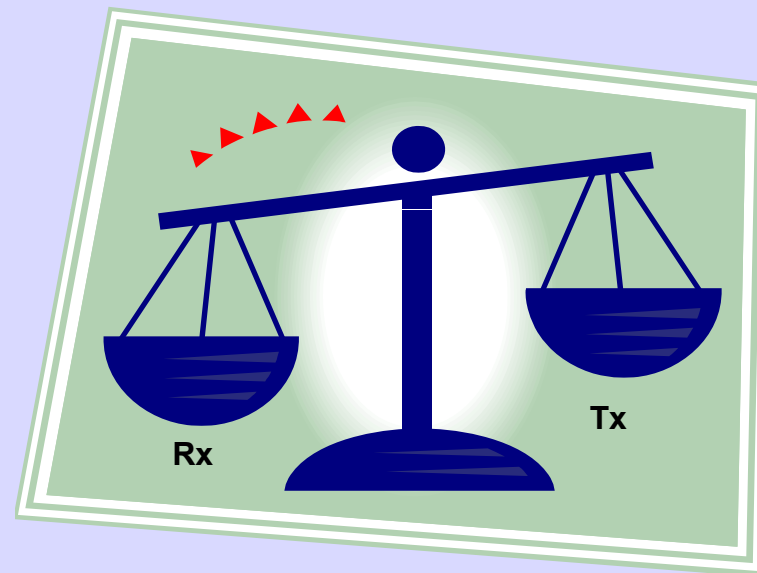


DID YOU KNOW?

- Pressures can migrate with each reset
- You may be marching toward limit extremes

What's the effect on the Tx?

Dialysis Technology: Is the Patient Receiving the Treatment Prescribed?



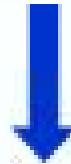
Bicarbonate

Bicarbonate



Sodium Bicarbonate

Carbonic Acid



Can you give another example of CO_2 dissolved in water?

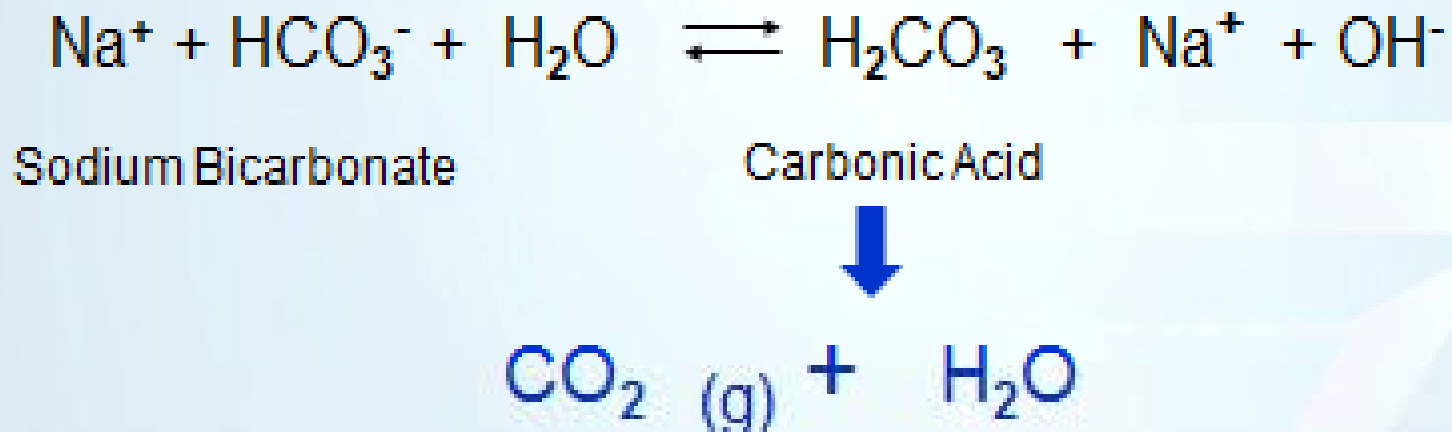
Here's a Hint



Bicarbonate

When mixing bicarb, think of the soda bottle !

Chemicals in solution are in a state of dynamic equilibrium



As CO₂ leaves (time, temp, agitation), bicarb is lost !

Bicarbonate

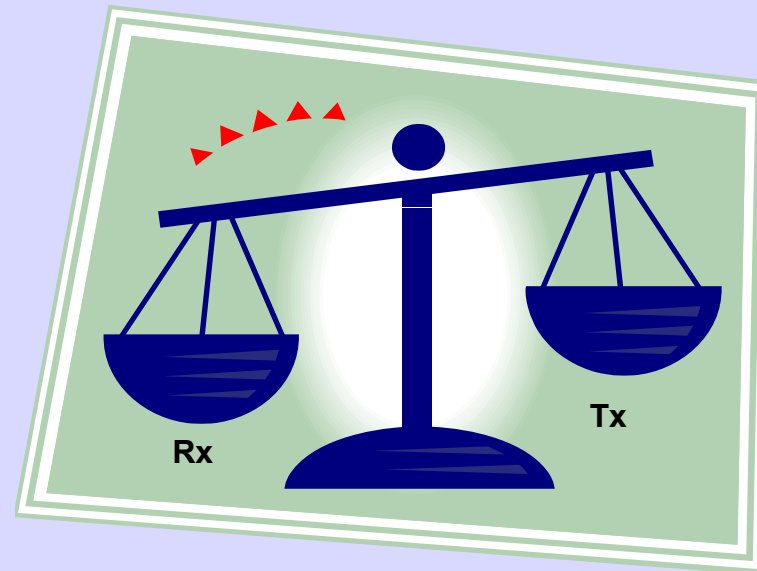
What happens to the dialysis Rx if one does not fully dissolve the bicarb?

What happens to the dialysis Rx if one overmixes the bicarb, making it weaker?

Why do the instructions say to discard bicarb after 24 hours?

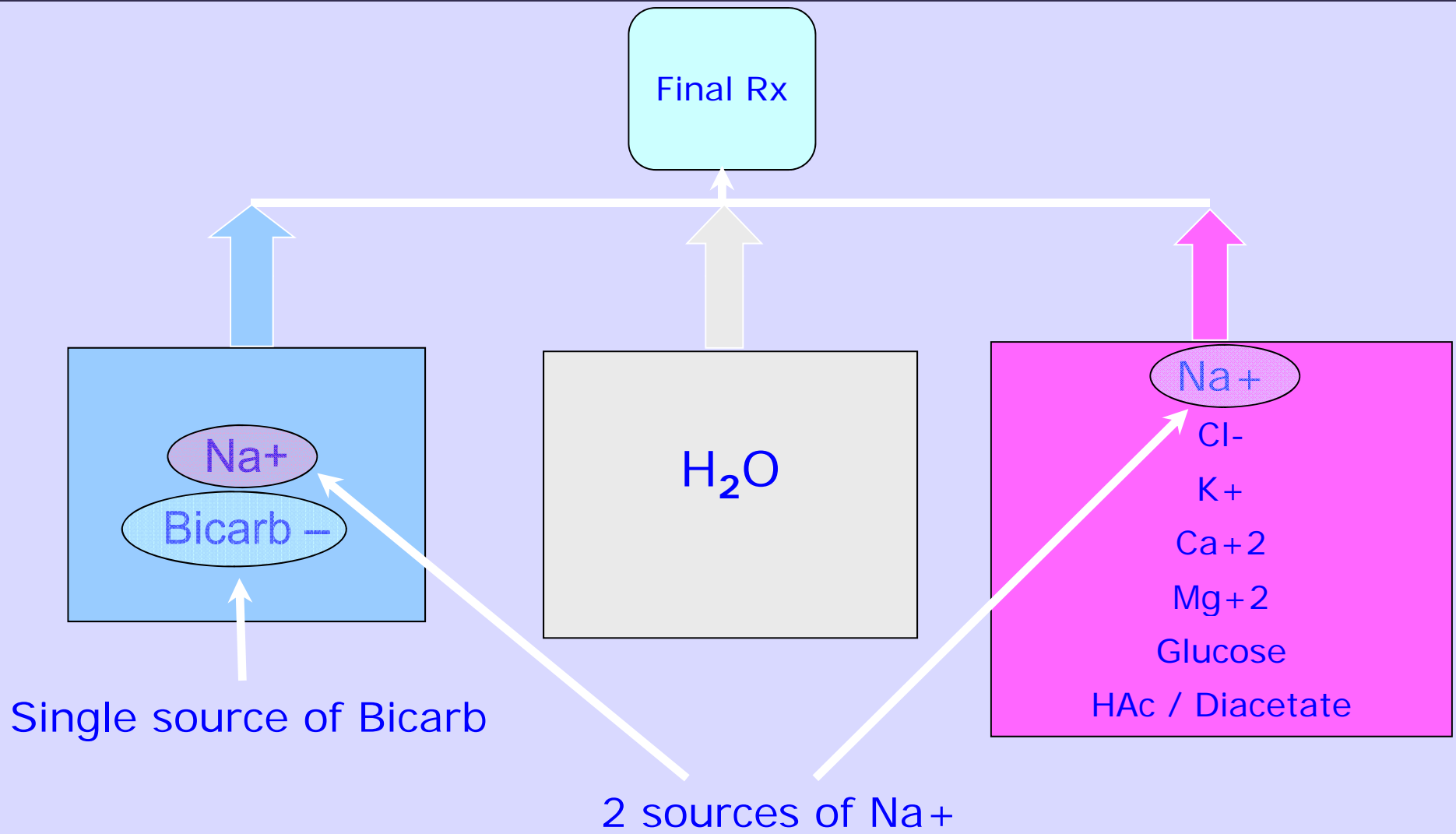
How does your bicarb mixer determine how much water to add?

Dialysis Technology: Is the Patient Receiving the Treatment Prescribed?



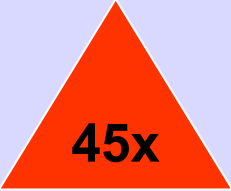
3 Stream Proportioning

Proportioning



Concentrate proportioning

- 3 stream proportioning (45X)
 - Acid concentrate + Bicarb + Water

Type	Symbol	Mixing Ratio Acid : Bicarb : Water	Post Reaction Na+ / Bicarb
Cobe		1.00 : 1.72 : 42.28	[137] / [33]

↑
Default proportioning

If this is used, you will get the acid label concentrations in dialysate

Concentrate proportioning

3 stream proportioning

	Setting		Actual
Na ⁺	137 mEq/L	Na ⁺	137 mEq/L
K ⁺	2 mEq/L	K ⁺	2 mEq/L
Ca ⁺²	2.5 mEq/L	Ca ⁺²	2.5 mEq/L
Mg ⁺²	1.0 mEq/L	Mg ⁺²	1.0 mEq/L
Ac ⁻	4.0 mEq/L	Ac ⁻	4.0 mEq/L
Bic ⁻	33 mEq/L	Bic ⁻	33 mEq/L

Concentrate proportioning

3 stream proportioning

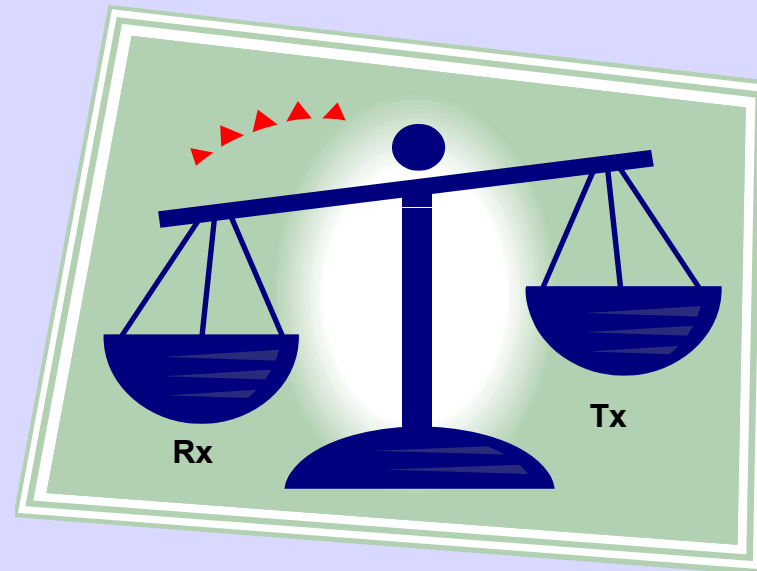
Setting/Label		Actual
Na ⁺ 140 mEq/L	→	Na ⁺ 140 mEq/L
K ⁺ 2 mEq/L		K ⁺ 2.06 mEq/L
Ca ⁺² 2.5 mEq/L		Ca ⁺² 2.57 mEq/L
Mg ⁺² 1.0 mEq/L		Mg ⁺² 1.03 mEq/L
Ac ⁻ 4.0 mEq/L		Ac ⁻ 4.12 mEq/L
Bic ⁻ 33 mEq/L	→	Bic ⁻ 33 mEq/L

Concentrate proportioning

3 stream proportioning

Setting/Label		Actual
Na ⁺ 137 mEq/L	→	Na ⁺ 137 mEq/L
K ⁺ 2 mEq/L		K ⁺ 1.96 mEq/L
Ca ⁺² 2.5 mEq/L		Ca ⁺² 2.45 mEq/L
Mg ⁺² 1.0 mEq/L		Mg ⁺² 0.98 mEq/L
Ac ⁻ 4.0 mEq/L		Ac ⁻ 3.92 mEq/L
Bic ⁻ 35 mEq/L	→	Bic ⁻ 35 mEq/L

Dialysis Technology: Is the Patient Receiving the Treatment Prescribed?



Conductivity

Conductivity

A measure of the ability of an electrolyte solution to conduct electricity.

It is dependent on:

- Concentration of the ions
- Additivity of the ionic contributions (anions and cations are added together)
- Type of ions present

Conductivity

<u>Cations (mM/L)</u>	<u>Anions (mM/L)</u>
Na ⁺ 137	Cl ⁻ 105.5
K ⁺ 2	Ac ⁻ 4.0
Ca ⁺² 1.25	<u>Bic⁻ 33</u>
<u>Mg⁺² 0.5</u>	
Total 140.75	Total 142.5

Far more Na⁺ and Cl⁻ than anything else (85.5%)

Conductivity

Not all ions contribute equally to conductivity

Limiting ion conductivity in water at 298 K

Cations	$\lambda_+^0 / \text{mS m}^2 \text{mol}^{-1}$	anions	$\lambda_-^0 / \text{mS m}^2 \text{mol}^{-1}$
H ⁺	34.96	OH ⁻	19.91
Li ⁺	3.869	Cl ⁻	7.634
Na ⁺	5.011	Br ⁻	7.84
K ⁺	7.350	I ⁻	7.68
Mg ²⁺	10.612	SO ₄ ²⁻	15.96
Ca ²⁺	11.900	NO ₃ ⁻	7.14
Ba ²⁺	12.728	CH ₃ CO ₂ ⁻	4.09

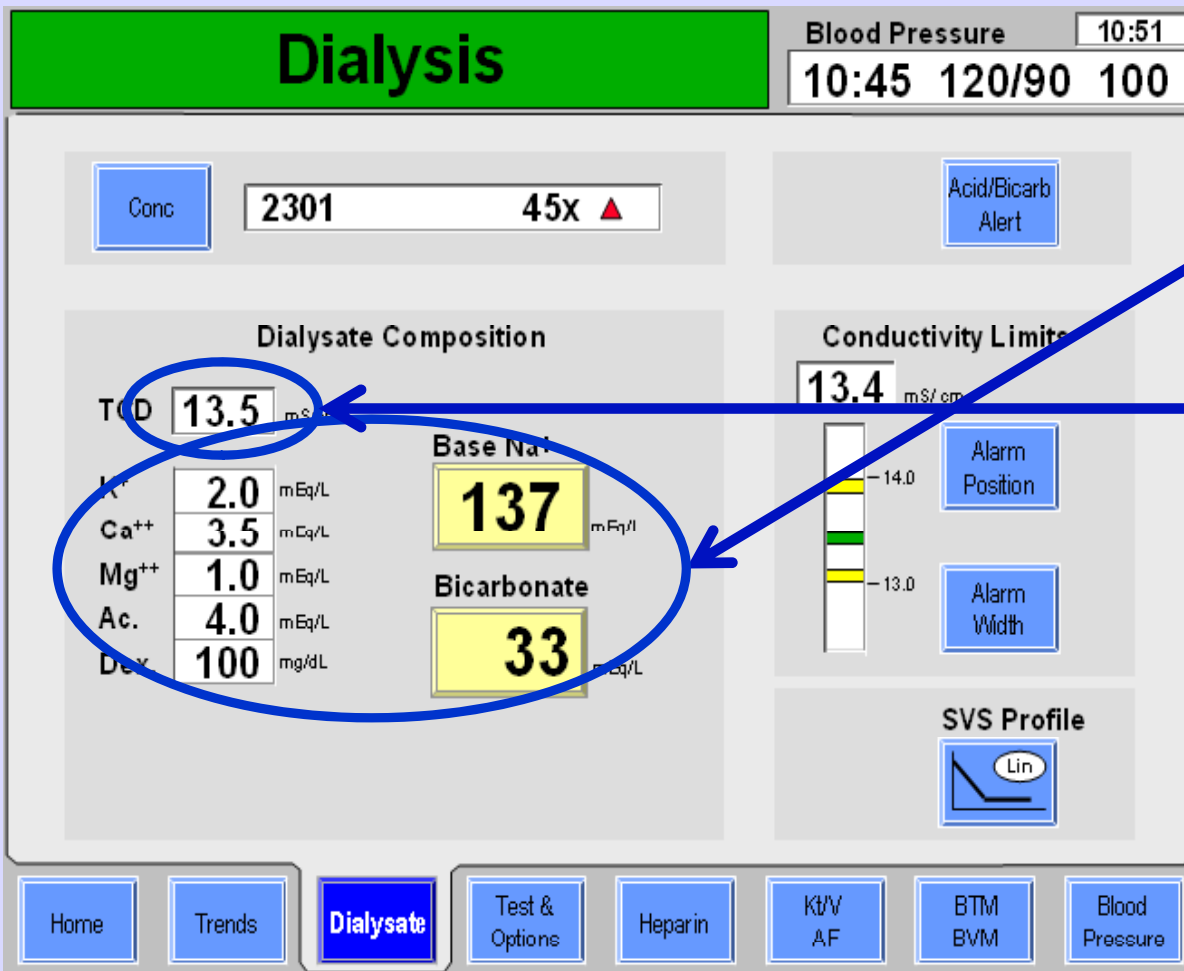
Bicarbonate ion is 4.45

Conductivity

Conductivity measurement is an important safety feature. IT IS NOT:

- A direct measure of chemical concentration
- The only determination of the safety of the dialysate
- The goal of the dialysate Rx (one should never prescribe mS/cm)
- Type of ions present

Conductivity



For this exact formulation / Rx

This is the theoretical or target conductivity

Conductivity

If one increases bicarb Rx, and keeps the sodium unchanged – what happens to the target conductivity?

If one overmixes the bicarb, driving the CO₂ out and making the bicarb weaker, what happens to conductivity?

What is the allowable amount of sodium allowed in AAMI water? How might this affect the conductivity?

Question 3

Question

Fresenius machines allow the user to shift the conductivity limits from the default position. Shifting the limits can result in deviations from prescribed Na^+ of as much as:

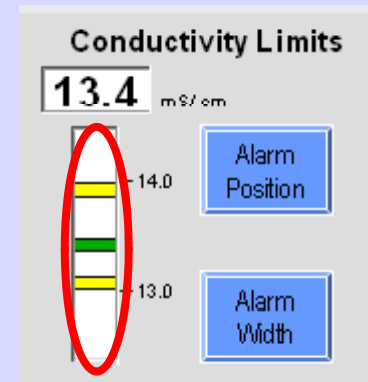
- a) ~ 2 mEq/L
- b) ~ 4 mEq/L
- c) ~ 8 mEq/L
- d) ~ 10 mEq/L

Machine settings: 137 mEq/L Na^+ / 35 mEq/L Bicarbonate – TCD = 13.56 mS

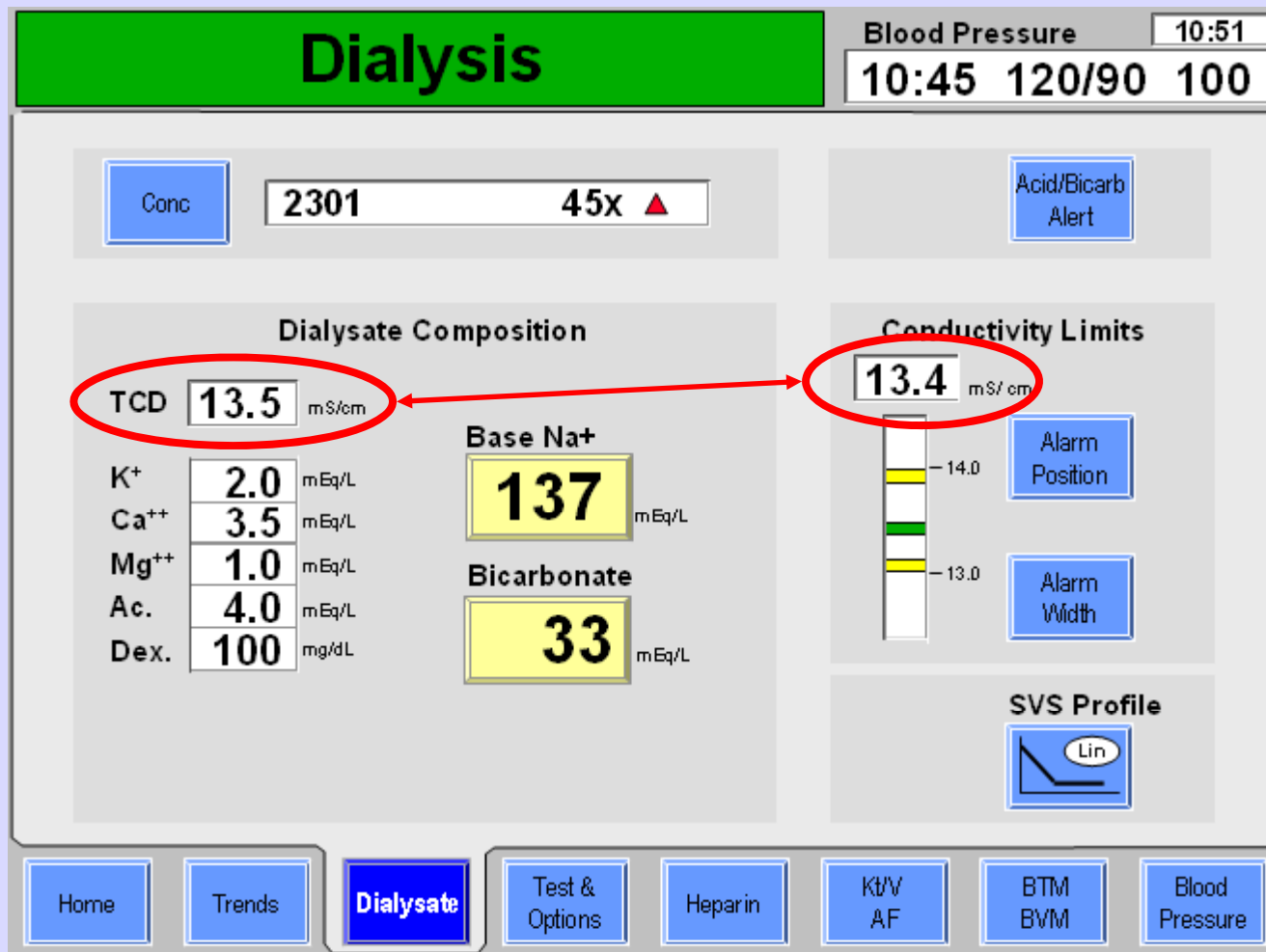
Machine Alarms Conductivity

- Conductivity
 - Limits are +/- 0.5mS/cm around theoretical or target conductivity (TCD)
- TCD is the target conductivity for the prescribed concentrate, Base Na⁺ and Bicarbonate value

Dialysate Composition		
TCD	13.5	mS/cm
K ⁺	2.0	mEq/L
Ca ⁺⁺	3.5	mEq/L
Mg ⁺⁺	1.0	mEq/L
Ac.	4.0	mEq/L
Dex.	100	mg/dL
Base Na ⁺		
	137	mEq/L
Bicarbonate		
	33	mEq/L

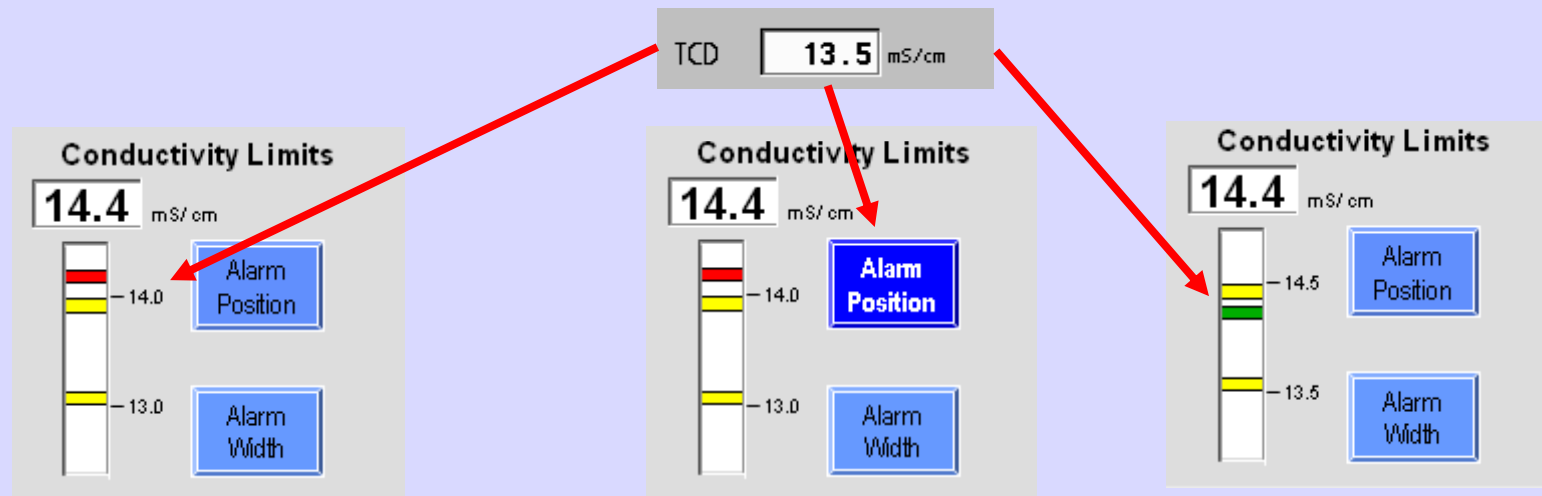


Dialysate Screen - TCD



Conductivity Limits

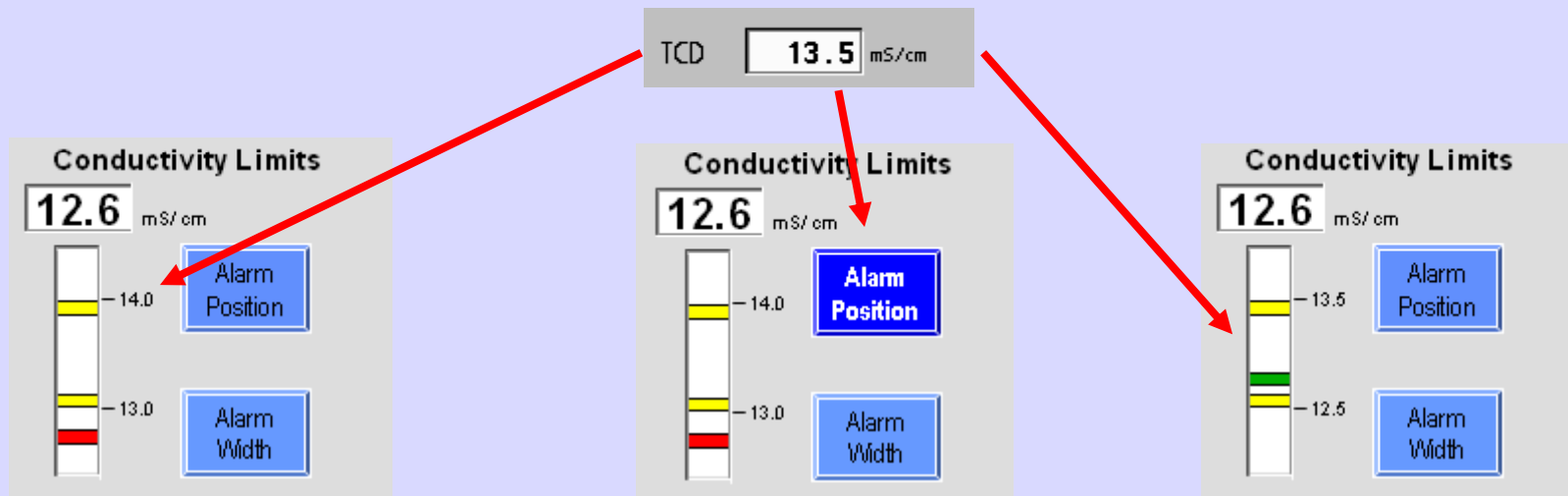
- Limits can be adjusted either up or down an additional 0.5mS/cm
 - Maximum alarm setting is + 1.0mS/cm of TCD with the lower limit at TCD



Patient Centered Care

Conductivity Limits

- Minimum alarm setting is – 1.0mS/cm of TCD with the upper limit at TCD
- 0.9mS/cm variation from TCD



Question 3

Answer

Shifting conductivity limits from the default position can produce variations in NaCl from prescription of:

- a) ~ 2 mEq/L
- b) ~ 4 mEq/L
- c) ~ 8 mEq/L
- d) ~ **10 mEq/L**

It's about 1 mEq/L Na⁺ for each 0.1 mS

Machine settings: 137 mEq/L Na / 35 mEq/L Bicarbonate – TCD = 13.56 mS

Question 3a

Question

True or False

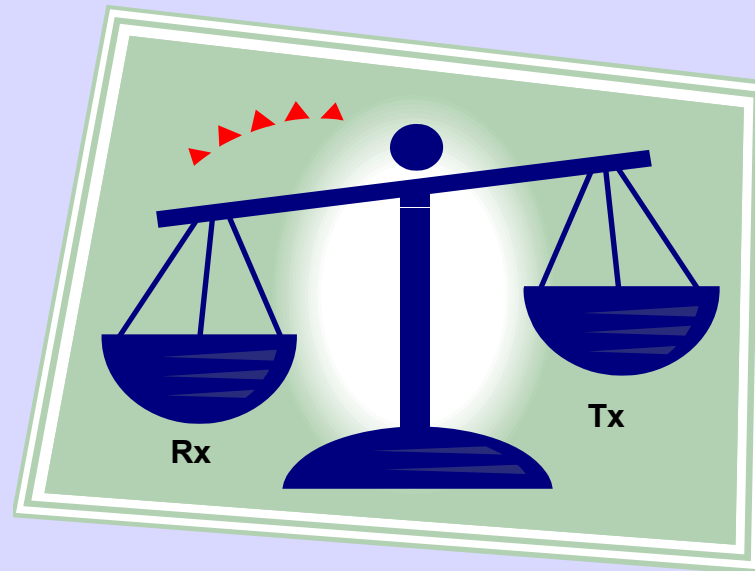
Deviations in the prescribed sodium are only an issue for Fresenius machines. Other manufacturers don't allow shifting of the conductivity alarm limits.

Answer

False

The default alarm limits are wider ($\pm 5\%$ vs. 0.5 mS). Variations from Rx can still be significant even though there are no conductivity alarms.

Dialysis Technology: Is the Patient Receiving the Treatment Prescribed?



TMP

Machine Alarms

TMP

- Transmembrane Pressure (TMP)
 - The force that causes ultrafiltration to occur across the dialyzer membrane
 - TMP limits center around actual TMP at the start of TX or when reset is pushed
 - Approx. +/- 40 mmHg (+/- 60 for low flux).

Did you know

When you started the Tx, or pushed reset for a TMP alarm, you are telling the machine “the TMP is exactly where I want it, leave it there”

Question 4

Question

When using a high flux dialyzer (e.g., Optiflux 180) the TMP alarm activates when UF removal changes by:

- a) ≤ 0.5 kg/hr
- b) ~ 1.0 kg/hr
- c) ~ 1.5 kg/hr
- d) ≥ 2.0 kg/hr

Machine Alarms

TMP

- Ultrafiltration Coefficient (Kuf) is a specification of each dialyzer

	16NRe	18NRe	20NRe	160NR / 160NRe	180NR / 180NRe	200NR / 200NRe	250NRe
Therapy	SU	SU	SU	SU	SU	SU	SU
Surface Area (M ²)	1.5	1.8	2.0	1.5	1.8	2.0	2.5
Prime Volume (ml)	84	103	114	84/83	105/98	113/112	135
Kuf* (in vitro bovine 32%)	10	12	14	45/50	55/60	56/62	107
Sterilant	E beam	E beam	E beam	EtO/E beam	EtO/E beam	EtO/E beam	E beam
KOA Urea (ml/min/m ²)	1010	1045	1214	1064	1239	1317	1662
Lysozyme** (ml/min)				47/70	60/74	78/84	118
Product Code	0500306E	0500308E	0500312E	0500316N/ 0500316E	0500318N/ 0500318E	0500320N/ 0500320E	0500325E

Machine Alarms

TMP

Example:

- 18 NRe (low flux, $K_{uf} = 12 \text{ mL/hr/mmHg}$)
- 180 NRe (high flux, $K_{uf} = 60 \text{ mL/hr/mmHg}$)

Same TMP will pull 5 times more water per hour through the high flux dialyzer, compared to the low flux equivalent.

Machine Alarms

TMP

For a TMP alarm setting of - 40 mmHg:

18 NRe alarms at 0.480 L per hour

180 NRe alarms at 2.4 L per hour

Question 4

Answer

When using a highflux dialyzer such as the Optiflux 180, TMP alarms when UF removal changes by:

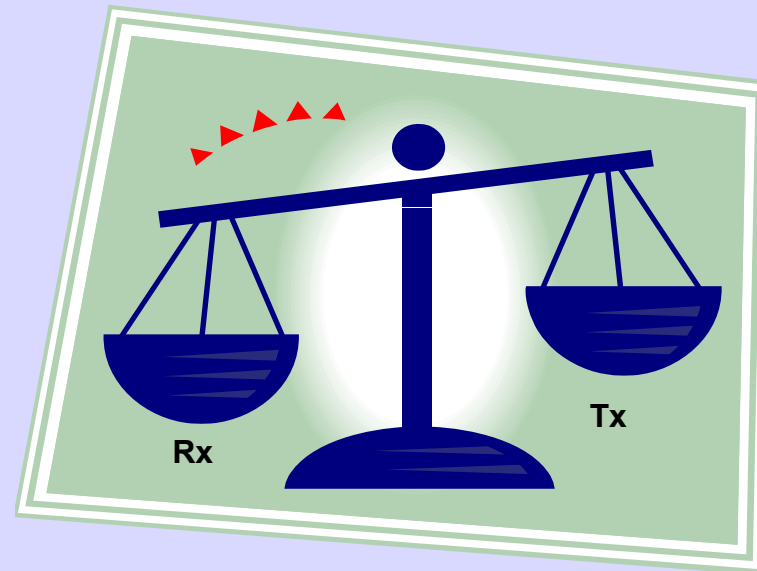
- a) ≤ 0.5 kg/hr
- b) ~ 1.0 kg/hr
- c) ~ 1.5 kg/hr
- d) ≥ 2.0 kg/hr**

Machine Alarms

- Online Pressure Holding Test
 - Assure this feature is turned ON!!!!
 - Runs every 12 minutes during a treatment
 - Catches hydraulic leaks of 300 ml/hr

Running Online PHT			Blood Pressure	10:51	
			10:45	120/90	100
Arterial Pressure	Venous Pressure	TMP	UF Goal	Dialysate Flow	
-160	180	120	2000	2800	

Dialysis Technology: Is the Patient Receiving the Treatment Prescribed?



Blood Lines and
Blood Flow

Blood Flow Rate

The display on the machine for the blood flow rate is the exact blood flow rate of the dialysis treatment, right ?

Well,

Blood flow

EDTNA ERCA J. 1996 Jan-Mar;22(1):3-6.

Blood flow displayed by dialysis machines: is it accurate?

Stragier A, Wenderickx D, Jadoul M.

Cliniques Universitaires St-Luc Service de Néphrologie, Brussels, Belgium.

Abstract

Blood flow is a major determinant of dialysis efficiency. We reported in 1980, at the EDTNA conference in Prague (1), that the actual blood flow may be much lower than displayed by the dialysis machines. We demonstrated that the Negative Inflow Pressure (NIP), induced by the arterial needle and therefore generally referred to as arterial pressure, partly collapses the proximal blood pump segment whose inner volume is decreased. Thus the actually pumped volume per revolution is lower than the displayed blood flow.

PMID: 10723300 [PubMed - indexed for MEDLINE]

Blood flow



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our company

Our Company

Vision
Manufacturing
Quality
R&D



Blood flow

7. Tubes :

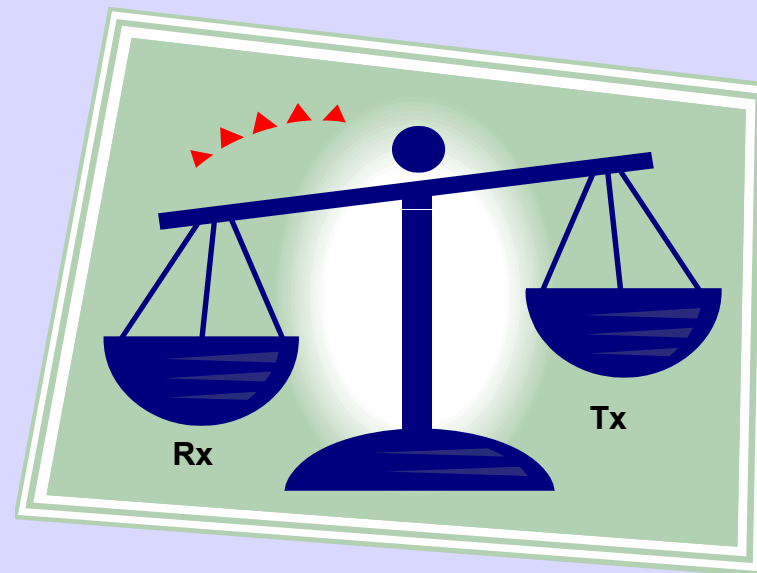
- **The optimum mix between wall thickness and sure hardness makes our tubes :**
- Withstand pressure and manipulations
- Antikink.
- Accurate and consistent flow rates over time. Excellent performance under conditions of high flow rates and pressure in the dialysis circuit.
- Highly biocompatible as been tested in the world most recognizable laboratories.
- Available in clear and frosted versions.



8. Pump segment :

- Resist fatigue which insure that the patient received the prescribed Kt/V without increasing negative pressures.
- Pump segment material insure maximum refilling after roller pump strokes even in case of high negative arterial pressure.

Dialysis Technology: Is the Patient Receiving the Treatment Prescribed?



NaCl

Question 5

Question

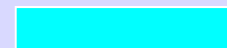
Improper use of Sodium Variation can result in patient sodium loading of:

- a) 2.8 gm NaCl for every 5 mEq/L over pt. base
- b) 4.5 gm NaCl for every 5 mEq/L over pt. base
- c) 8.7 gm NaCl for every 5 mEq/L over pt. base

Default Setting

	<u>Acid</u>	<u>Bicarb</u>	<u>Dialysate</u>
SODIUM 100	100.00	37.00	137.00
POTASSIUM 2.0	2.00		2.00
CALCIUM 2.5	2.50		2.50
MAGNESIUM 0.75	0.75		0.75
CHLORIDE 105.25	105.25		105.25
SODIUM ACETATE 0.0	0.00		0.00
ACETIC ACID (ACETATE) 4.0	4.00		4.00
BICARB		37.00	33.00
TOTAL BUFFER			37.00
DEXTROSE, gm/L 200	2.00		2.00
THEORETICAL CONDUCTIVITY			13.50
THEORETICAL pH			7.22

Can be changed by the operator/machine



Raise Sodium to 150 mEq/L

	<u>Acid</u>	<u>Bicarb</u>	<u>Dialysate</u>
SODIUM 100	112.50	37.50	150.00
POTASSIUM 2.0	2.25		2.25
CALCIUM 2.5	2.81		2.81
MAGNESIUM 0.75	0.84		0.84
CHLORIDE 105.25	118.41		118.41
SODIUM ACETATE 0.0	0.00		0.00
ACETIC ACID (ACETATE) 4.0	4.50		4.50
BICARB		37.50	33.00
TOTAL BUFFER			37.50
DEXTROSE, gm/L 200	2.25		2.25
THEORETICAL CONDUCTIVITY			14.78
THEORETICAL pH			7.17

Can be changed by the operator/machine

Question 5

Answer

Improper use of Sodium Variation can result in patient sodium loading of:

- a) 2.8 gm NaCl for every 5 mEq/L over pt. base
- b) 4.5 gm NaCl for every 5 mEq/L over pt. base
- c) 8.7 gm NaCl for every 5 mEq/L over pt. base
(recommended dietary intake is approx. 2.0 gm/day)**

Key Points for Review

- Know your stuff
 - How the machines, concentrates and blood lines work
 - What alarms mean, and have a plan
 - What happens when the noise is ignored or just silenced
- It does matter ! Tx's are affected!
- Patients come first ! The rest will be just fine.

Questions

Thank You